

Woensdag 9/08/17 : Open Meeting

Proeven:

cad D : 100,300,1000,hoog,hinkstap,speer
schol D : 100,300,1000,hoog,hinkstap,kogel
jun/sen D: 100,300,1000,5000,hinkstap,kogel,discus,speer
mas D : kogel,discus
cad H: 100,300,1000,hoog,hinkstap,speer
schol H: 100,300,1000,hoog,hinkstap,kogel
jun/sen H: 100,300,1000,5000,hinkstap,kogel,discus,speer
mas H: kogel,discus

Benaderend uurschema:

19u00:	100	cad D	kogel jun/sen H + Mas H
	100	schol D	hoog cad H + schol H
	100	jun/sen D	speer cad D
			discus jun/sen D + Mas D
19u15:	100	cad H	
	100	schol H	
	100	jun/sen H	
19u45:	300	cad D	hinkstap cad D + schol D + jun/sen D
	300	schol D	speer cad H
	300	jun/sen D	kogel schol D
20u00:	300	cad H	discus jun/sen H + Mas H
	300	schol H	
	300	jun/sen H	
20u30:	1000	cad D	hoog cad D + schol D
	1000	schol D	hinkstap cad H + schol H
	1000	jun/sen D	kogel schol H
			speer jun/sen D
20u50:	1000	cad H	
	1000	schol H	
	1000	jun/sen H	
21u15:	5000	jun/sen D	kogel jun/sen D + Mas D
	5000	jun/sen H	hinkstap jun/sen H
			speer jun/sen H